WOODEND CHILDREN’S CENTRE
SUN SMART POLICY

As part of our Educational Program, we have a SUN SMART POLICY, which is based on the Cancer Council of South Australia Guidelines and the purpose of this policy, is to encourage all children, staff and volunteers attending the centre to protect themselves from skin damage caused by the harmful ultraviolet rays (UVR) of the sun.

OUR POLICY STATES:

1. SHADE AND SUN EXPOSURE TIMES
   - Children, staff and volunteers will be encouraged to avoid direct exposure to the sun between 10.00am – 3.00pm (during daylight savings), from 1st September – 30th April each year.
   - Outdoor activities will be in shaded areas during this time to avoid UVR exposure. Lunch and rest time will be held indoors to avoid exposure in the middle of the day.
   - Scheduling and shade will be considered when planning events and excursions.
   - Shaded areas are a priority for our centre and we will endeavour to maximize shaded area by: maintenance of structures and provision for further shaded areas eg. Growing of shade trees, where children play for extended periods. (Eg sand pit, water play, table activities and fixed play equipment).
   - Children under 12 months should be kept out of direct sun as much as possible. Special care should be taken to keep babies in middle of shaded areas to protect against reflected UVR.

2. CLOTHING
   - Children, staff and volunteers will be expected to supply and wear a named BROAD BRIMMED OR LEGIONNAIRE HAT ALL YEAR ROUND. No baseball style caps please. (Terms 1 to 4).
   - Parents can purchase a Woodend Children’s Hat from the centre at any time. The centre will include a Woodend Children’s Centre hat in the Pre-entry fee.
   - Children not wearing appropriate clothing will play in the shaded areas or indoors.
   - Children, staff and volunteers will be expected to wear appropriate clothing that protects them from sun exposure. (eg tops with collars and sleeves as well as long style shorts, skirts and dresses.) Children not dressed as above will be provided with appropriate clothing while at kindy.
   - Parents / Caregivers of babies will be required to dress them in clothes that cover as much skin as possible.

3. SUNSCREEN
   - The Cancer Council of South Australia Sun Smart Policy recommends Parents / Caregivers apply sunscreen to their children before arriving at the centre.
   - If your child attends for a full day session, the centres sunscreen can be applied at lunchtime if you have signed consent. If your child cannot use sunscreen supplied at kindy due to allergies etc, a parent can supply own sunscreen, which must be labeled and given to a staff member to be applied.
4. Staff will be positive role models who practice skin protective behaviour by wearing appropriate clothing outside.

5. The centre will incorporate sun and skin awareness into our teaching program.

6. **Parents will:**
   - Be informed of the Centres Sun Smart Policy at meetings in Enrolment Information Package, newsletters and notices.
   - Provide their child/ren with a broad-brimmed or legionnaire hat and appropriate clothing to protect skin from URV.
   - Apply SPF 30+ broad-spectrum sunscreen before the child attends the centre.
   - Be encouraged to be positive role models for their children by displaying appropriate sun smart behaviour.

7. This Policy will be discussed at staff meetings and reviewed annually at Governing Council Meetings.

Signed: **CHAIRPERSON** ........................................................

Signed: **DIRECTOR** ........................................................

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